## FACIAL FAT TRANSFER

Fat transfer, using fat taken from your own body, provides a gradual, controlled restoration of the youthful shape of the face, giving you a younger look.

JUVENATION



This procedure has been performed by Dr Saleh for more than 15 years and he has carried out over 2,000 procedures. The aim is to give fullness and tightness to the middle and lower part of the face.

The patient's own fat will always be the best possible dermal filler for rejuvenation of the face. This means that a fat transfer has two stages - the removal of fat from the body and the re-injection of fat into the face.

## The removal of the fat

This involves injecting a local anaesthetic solution under the skin in an area of about 10cm by 10cm (4 square inches). Once anaesthetised, a fine cannula is attached to a syringe and fat is syringed out through a tiny hole. This is done gently and delicately in order to preserve the fat. Fat is not removed to make any kind of change to your shape. Dr Saleh will discuss with you the most appropriate site for the fat removal.

After fat removal you may experience pain and discomfort for a few days, leakage of blood-stained fluid, usually overnight, some bruising and possible contour irregularities. All these effects are temporary. A support garment is supplied to assist with recovery and should be worn for at least one week.

## The re-injection of fat into the face

Dr Saleh will discuss with you the areas of the face to treat and advise on the quantities required. The area will be injected with local anaesthetic and two small needle holes will be made, usually under the jawline and near the ear.

The fat will be injected through a needle under the skin. A support bandage will be placed on the face overnight. After fat injection, you may experience swelling, which usually settles within one week and bruising, which usually disappears in 1–2 weeks.

Please note that this procedure will require two separate applications to achieve a lasting improvement.

If you have any problems or concerns, please contact the clinic.



